



Special Help 4 Special Needs

“Dealing with those special moments - A toolkit of essential skills” Workshops for 2016

A series of morning workshops
aimed at providing
Parents and carers of children with
Special needs including autism, Asperger’s
syndrome & ADHD with ideas and new skills.

The Workshops will cover:

- **Toilet Training**
- **Sleep Difficulties**
- **Managing Behaviour**
- **Obsessions and Anxiety**
- **Transition**
- **Eating Issues**
- **Puberty**
- **Social Skills**

The venue for each of the workshops is:
Bourne House,
475 Godstone Road,
Whyteleafe, Surrey CR3 0BL

The Workshops offer the skills to enable parents, carers and professionals to work with some of the difficult issues relating to children with special needs. Each workshop will focus on the practical issues and developing the skills needed by parents/carers and professionals to support the child with special needs in overcoming specific difficulties.

By the end of each workshop, attendees will have:

- An understanding of how their child’s special needs impact upon the situation
- A greater understanding of why the child behaves in the way they do.
- A “toolkit” of practical skills for supporting the child in overcoming the difficulties
- A chance to meet others in similar situations and share experiences

Each workshop will start at 10am (Coffee at 9.30am) and finish at 2pm.
The dates for the workshops are:

- Puberty 15th January & 16th September
- Toilet Training 12th February
- Managing Behaviours 11th March & 18th November
- Eating Issues 15th April
- Obsessions and Anxiety 13th May & 9th December
- Social Skills 10th June
- Transition 15th July
- Sleep Difficulties 21st October

Parents/carers: £20
Professionals: £40

NB Each workshop has a maximum of 15 places on a first come first served basis.

BOOKING FORM

“Dealing with those special moments - A toolkit of essential skills” Workshops

To book your place, return this form asap with a cheque made payable to **M Brown** to: Special Help 4 Special Needs, Bourne House, 475 Godstone Road, Whyteleafe, Surrey CR3 0BL

Please reserve me Professional place(s) £40 per workshop

..... Parents/carers place(s) £20 per workshop

I enclose a cheque for £..... made out to **M Brown**.

Professionals only: if an invoice or receipt is required, please provide the name and address to which it should be sent on a separate sheet.

Name.....

BLOCK CAPITALS. Please use a separate form for each person. Form may be photocopied.

Address

.....

.....

.....Postcode

Telephone:

Email

If professional, please give job title.....

Signed

Please indicate which workshops you wish to attend:

- | | |
|--|--|
| <input type="checkbox"/> Puberty | 15 th January & 16 th September 2016 |
| <input type="checkbox"/> Toilet Training | 12 th February 2016 |
| <input type="checkbox"/> Behaviour | 11 th March & 18 th November 2016 |
| <input type="checkbox"/> Eating | 15 April 2016 |
| <input type="checkbox"/> Obsessions and Anxiety | 13 th May & 9 th December 2016 |
| <input type="checkbox"/> Social Skills | 10 th June 2016 |
| <input type="checkbox"/> Transition and Employment | 15 th July 2016 |
| <input type="checkbox"/> Sleep | 21 st October 2016 |

NB £10 off if four workshops are booked together

For any queries please contact Mark or Kirsty on 01883 621124 or 07917454573, alternatively email sh4sn@sky.com

Cancellations refunded up to two weeks before the workshop, less £5 administration charge. We reserve the right to change the speakers/content due to unforeseen circumstances.